

## Course Objectives

### **In Child Growth and Development I students will:**

1. Explain the importance of the family, various types of families, social trends and their affect on the family, and ways to strengthen a family.
2. Issues related to parenthood including: changes brought on by parenthood, consequences of teen parenthood, and questions couples should consider before deciding on parenthood.
3. Describe how parents and other caregivers encourage a child's development through giving love and support, communicating positively, and encouraging appropriate behavior.
4. Discuss sexuality, what it involves, and its relationship to values.
5. Discuss issues of teens and sexual activity including: decision-making, causes and consequences of STIs, the prevention of pregnancy, and the effects of conception on teens.
6. Discuss issues related to birth defects including: types of birth defects, causes of birth defects, the hazards of alcohol and other drugs on prenatal development, and other environmental hazards to avoid during pregnancy.
7. Discuss issues related to pregnancy including: the early signs of pregnancy, teen pregnancy, the importance of medical and nutritional care, activities and personal care, childbirth choices and decisions available for parents, recognition of labor, the three stages of labor, hospital procedures, and postnatal care.

8. List reasons why parents decide to or not to have children.
9. Explain the events which lead to conception and child birth.
10. Describe the birth process.
11. Describe the influence of modern medicine on reproduction.

### **In Child Growth and Development II students will:**

1. Describe a baby's basic needs.
2. Describe patterns of physical, social, emotional and intellectual development.
3. Describe how behavior is learned
4. Define personality and how it develops.
5. Describe the importance of positive self-concept and how it is developed.
6. Describe various methods of learning.

### **In Child Growth and Development III students will:**

1. Describe the: changes in an average child's height, weight, proportion, posture, motor skill development, emotional development, intellectual development, and social development in children from ages four to six.
2. Explain the importance of good nutrition and the development of good self-care habits.
3. Explain how children develop a sense of right and wrong.
4. Describe the needs of children with physical, mental, and emotional disabilities.
5. Explain what child abuse is and why it happens.

### **In Relationships I & II students will:**

1. Explore, examine, and demonstrate effective communication, decision making, conflict resolution and problem solving skills in a responsible and mature fashion.
2. Demonstrate knowledge of self-identity and personal growth.
3. Understand how to develop healthy interpersonal relationships, including successful marriage, coping with divorce, remarriage and blended families.
4. Demonstrate strategies needed to determine how physical choices impact self-development.
5. Examine choices that will help develop mature, responsible living skills and lifestyles.
6. Demonstrate self-awareness and utilize strategies and resources involved in life-long career planning.
7. Identify and practice appropriate skills that will enhance personal and school performance.

### **In Health students will...**

1. Explain how the spread of sexually transmitted diseases can be prevented.
2. Describe symptoms and treatment of common STIs, HIV, and AIDS.
3. Identify behaviors, including abstinence that can help prevent the spread of HIV.
4. Explain how the male and female reproductive system functions.
5. Explain the role of heredity in determining physical traits.
6. Understand the difference and functions of dominant and recessive traits.

7. Explain how heredity and disease can be linked to one another.
8. List common methods of contraception (including abstinence) and compare the failure rate and risk factors associated with each.
9. Describe major risk factors of suicide.

Dr. Dennis McCarthy, Superintendent  
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An opt-out option is available. Please contact the school office.

\*\*\*The Beloit Turner School District does not discriminate on the basis of age, race, sex or sexual orientation, marital status, handicap, national origin, creed, arrest or conviction record, or any other reason prohibited by state or federal law.

## **F.J. Turner High School Human Growth and Development Goals**

1. To encourage and promote communication between students and their families in the area of sexuality.
2. To assist students to understand about their feelings, their behavior, their sexual orientation and their physical development.
3. To provide students with accurate information about human sexuality including reproductive systems, puberty, hygiene, conception, prenatal development, child birth, contraception, sexually transmitted diseases, pregnancy risks, human development, and parenting.
4. To inform students about the advantages of abstinence.
5. To teach students the skills to help them understand and develop healthy interpersonal relationships.
6. Develop the skills and knowledge needed to manage independent living.
7. Promoting positive mental health in adolescents.
8. Have students understand the risks involved with internet use and explain different ways to avoid those risks.
9. Explain why it is important to identify and treat clinical depression and why individuals might deliberately injure themselves.
10. Provide accurate information related to the symptoms and treatment of Shaken Baby Syndrome.

# School District of Beloit Turner



## **Human Growth and Development (HG&D) Guidelines for Health and Elective Classes:**

### **Health Child Growth and Development I Child Growth and Development II Child Growth and Development III Relationships I & II**